

This edition of the reStart Report celebrates over a year of our work, from January 2009 to June 2010

# 2010 ANNUAL REPORT

Summer 2011

reStart Annual Report  
Volume 19, Issue 2

## A Year of Challenges and New Growth

### Breaking the Cycle of Homelessness

As part of reStart’s mission to end homelessness in our community, reaching youth who are at risk for becoming the next generation of homeless adults is critical. Our Youth Emergency Shelter, Street Outreach Services and Transitional Living programs are designed to provide a full continuum of care for high-risk youth in the urban core of Kansas City—teens living on the brink of a lifetime struggle against the odds.



“Before coming to reStart, I was moving from couch to couch staying with any friend who would let me stay, I was anxious every day trying to find a place to stay for the night, worried that I would have to stay on the street, or worse. I ran into a person on the street from reStart’s Street Outreach Services (SOS) and they told me about reStart’s emergency shelter for youth. I arrived at the youth shelter and staff immediately welcomed me and asked if I needed anything. They gave me clean socks and let me take a shower, which I hadn’t had in over a week. I immediately felt a sense of relief, because I could tell I was somewhere that I would be safe and best of all somewhere people actually cared about me.

While at reStart, I attended daily group counseling that helped me with things like job skills, learning about healthy relationships and more. I worked with a therapist that helped me



Caviar Keys is one of 3,829 youth served in reStart’s programs aimed at children and youth in 2010.

understand things that had happened in my past and helped me learn ways to move forward. With the support and encouragement of the staff, I was able to find a job and was accepted into reStart’s Transitional Living Program. I have now finished my first year of community college and I can’t believe how far I’ve come... None of this would be possible without reStart and I can’t, and don’t, want to imagine where I would be today if it wasn’t for reStart.”

—Caviar Keys

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### DO YOU WANT TO HELP?

Find out how you can support reStart on page 10.

# 2009 Year in Review

## A Message from the Board Chair & Executive Director

Dear Friends,

By the time this hits your mailbox, the cold and snow of this winter will have melted into the withering heat of the summer of 2011. It's been a year of extremes – dangerous for the people we serve – and the forecast doesn't look good.

The forecast also doesn't look promising for a rapid return to a booming job market and the days of government surpluses. The current economic climate – while not measured in Fahrenheit – is also dangerous to the more than 9,000 homeless adults, families and youth we serve each year. Despite these less than optimistic forecasts, reStart had much to be thankful for in 2010:

- For the first time in our 30-year history, reStart was able to count 272 households that we prevented from becoming homeless, thanks to funding from the American Reinvestment and Recovery Act.
- Sadly, children and youth accounted for over 39% of the clients reStart served in 2010. But our youth program reached 2,797 youth through its new outreach services and we look forward to continuing our work with partners to develop a permanent housing project for youth in our community.
- Capital campaign fundraising exceeded the challenge from the JE and LE Mabee Foundation ahead of deadline, raising more than \$940,000 in gifts and pledges!
- More than 2,370 volunteers from every segment of the community partnered with reStart to help us accomplish our mission. Volunteers provided 12,456 hours of service and 44,400 meals for reStart's guests.
- We served more people while also improving our program outcomes. Ninety-three percent of the individuals and families served at reStart exited to permanent housing; 66% increased their income and 25% of those are earning more than \$2,000 a month.
- The Kansas City Community Kitchen, operated by Episcopal Community Services, became a new partner when it relocated to the ground floor of the Downtown Community Services Center, the site of reStart's Homeless Services Center.

In collaboration with many partners, reStart is reducing homelessness in our community. We are able to do so because this is a problem that is solvable! Every day homeless persons in Kansas City are moving into stable homes with comfort, security and hope. We invite you to join us in bringing your family, your friends and your neighbors home. We can't do it without your help.

Sincerely,



Dirk Schafer  
Board Chair

Evelyn E. Craig, MA, CFRE  
Executive Director

## reStart Board of Directors 2010

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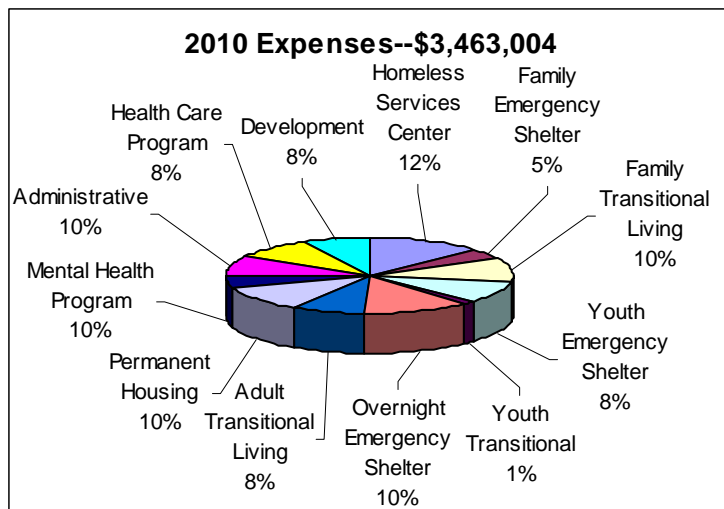
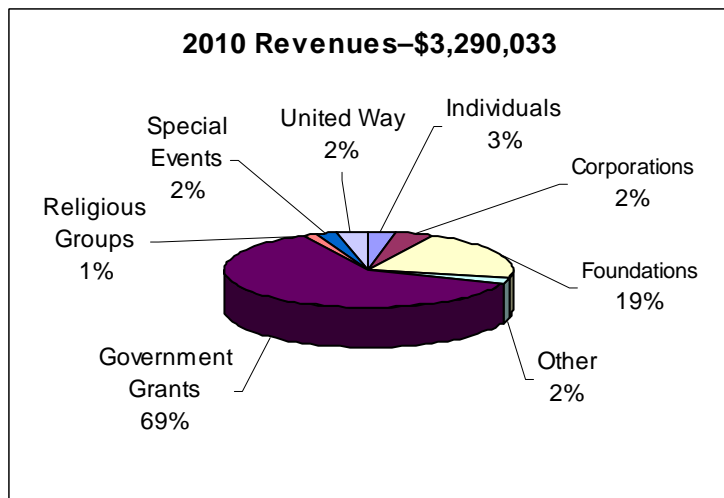
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Leah Kraft, Bryan Cave, LLP

Norma McKelvy, Blue Cross Blue Shield of Kansas City

Julie Schoemehl Kenlie, Inc.

Tim Stepp, The Kansas City Neurosurgery Group, LLC



# 2010 Service Statistics

<b>ALL PROGRAMS</b>		<b>YOUTH EMERGENCY SHELTER</b>	
Total Bednights (all programs)	99,496	Unduplicated Females	104
Total Unique Individuals Served	9,131	Unduplicated Males	112
<b>ALL PROGRAMS—RACE</b>		Unduplicated Individuals Served	216
Black	57%	Total Bed Nights	2,176
White	29%	Total Hotline Calls	777
Hispanic	5%	Total Teen Talk	2,020
Multiple Races	5%	<b>YOUTH TRANSITIONAL LIVING</b>	
Other	4%	Unduplicated Males Served	11
<b>ALL PROGRAMS—GENDER</b>		Unduplicated Females Served	5
Male	61%	Unduplicated Individuals Served	16
Female	39%	Total Bednights	1,210
<b>ALL PROGRAMS—AGE</b>		<b>SINGLE ADULT TRANSITIONAL LIVING</b>	
Under 19	42%	Unduplicated Males Served	82
20 to 29	19%	Unduplicated Females Served	41
30 to 39	18%	Unduplicated Unspecified Served	1
40 to 49	17%	Unduplicated Individuals Served	124
50 to 59	3%	HOPWA Clients	55
60 plus	1%	Total Bednights	10,414
<b>EMERGENCY SHELTER FAMILIES</b>		<b>HOMELESS SERVICES CENTER</b>	
Unduplicated Families Served	281	Unduplicated Males Served	2,214
Unduplicated Adults Served	265	Unduplicated Females Served	1,252
Unduplicated Youth Served	363	Total Individuals Served	3,469
Unduplicated Individuals Served	628	<b>SINGLE ADULT EMERGENCY SHELTER</b>	
Total Bednights	9,881	Unduplicated Males Served	755
<b>SUPPORTIVE HOUSING FAMILIES</b>		Unduplicated Females Served	367
Unduplicated Families Served	19	Unduplicated Individuals Served	1,122
Unduplicated Adults Served	28	Total Bednights	26,854
Unduplicated Youth Served	30	<b>A NEW START PERMANENT HOUSING</b>	
Unduplicated Individuals Served	62	Unduplicated Males	11
Total Bednights	11,892	Unduplicated Females	11
<b>TRANSITIONAL LIVING FAMILIES</b>		Unduplicated Individuals Served	22
Unduplicated Families Served	116	Total Bednights	5,823
Unduplicated Adults Served	164	<b>VOCATIONAL LIVING CENTER</b>	
Unduplicated Youth Served	259	Unduplicated Males	6
Unduplicated Individuals Served	423	Unduplicated Females Served	8
Total Bednights	26,866	Unduplicated Individuals Served	14
<b>HOMELESS PREVENTION/RAPID REHOUSING</b>		Total Bednights	4,380
Unduplicated Families Served	12		
Unduplicated Individuals Served	242		



## RENOVATION UPDATE

reStart made significant progress in 2010 to support the health and safety renovations of our main facility at 918 E. 9th Street—a fire safety and sprinkler system was installed in April of 2010.

Our biggest accomplishment was the tireless fundraising efforts over 12 months to achieve a challenge grant from The J.E. and L.E. Mabee Foundation of Tulsa, Oklahoma—in February of 2011 we were issued a check for \$620,000! A wonderful reward for our hard work.

### Campaign Cabinet

Bill Dunn, Sr., *Honorary Chair*  
 Bob Dunn, *Working Chair*  
 Diane Botwin  
 Olivia Dorsey  
 Sally Firestone  
 Karen Herman  
 Steve Metzler  
 Dianna Smith  
 Karl Zobrist

We are completing our multi-purpose room renovations in the fall of 2011 to provide more space for counseling programs, nutrition and health workshops, arts activities, performances and more. We will be adding new windows and HVAC for the remaining half of our facility to reduce operational costs and increase the comfort and safety of our guests.

Pledges and gifts toward our renovations can be made over a period of years and may be eligible for tax credits. To schedule a tour and learn more, please contact [jcurzon@restartinc.org](mailto:jcurzon@restartinc.org) or call 816-472-5664 x228.

## MANY THANKS TO OUR CAMPAIGN DONORS

### Foundations

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 Gary Dickinson Family Charitable Found.  
 The Goppert Foundation  
 Greater Kansas City Community Found.  
 Hall Family Foundation  
 Henry E. Wurst Family Foundation  
 Morgan Family Foundation  
 Oppenstein Brothers Foundation  
 Thomas Watson Family Foundation  
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 Metzler Brothers Insurance

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 Pleasant View Christian Church

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### Governmental Agencies

City of Kansas City, Community Development Block Grant  
 Missouri Housing Trust Fund  
 Federal Appropriation EDI-SP Grant

# GENEROUS DONORS AND PARTNERS SUPPORT RESTART

## GOVERNMENTAL AGENCIES

City of Kansas City - Community Development Block Grant/Homeless Services Center  
City of Kansas City - Emergency Shelter Grant  
City of Kansas City - Essential Services Grant  
City of Kansas City - Housing Opportunities for Persons with AIDS (HOPWA)  
City of Kansas City - Supportive Housing  
Emergency Food and Shelter Program  
City of Kansas City, Homeless Prevention and Rapid Re-housing  
Jackson County COMBAT  
Jackson County, Homeless Prevention and Rapid Re-housing  
Jackson County Housing Resource Commission  
Jackson County Mental Health Fund  
Missouri Arts Council  
Missouri Housing Development Commission  
Missouri Division of Child Services  
National Endowment of the Arts (NEA)  
State of Missouri ESG  
US Department of Health and Human Services (HHS)  
US Department of Housing and Urban Development (HUD)

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Broadway United Methodist Women  
Cain Grant AME Church  
Centennial United Methodist Church  
Central United Methodist Church Crusader's Class  
Cherokee Christian Church  
Christ United Methodist Church  
Christian Church of Greater Kansas City  
Clinton United Methodist Church  
Colonial Church of Prairie Village  
Community Christian Church  
Congregation Beth Torah  
Country Club Christian Church  
Country Club Congregational Church  
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First United Methodist Church of Raytown  
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John Knox Kirk  
Joy Sunday School Class  
Kidder United Methodist Church  
Lee's Summit Christian Church  
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Liberty United Methodist Women  
Linwood United Women  
Linwooders Class  
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New Hope United Methodist Church  
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United Methodist Church-Lexington  
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United Methodist Women-Windsor  
United Methodist Women-Creighton  
United Methodist Women-New Hope UMC  
United Methodist Women-Red Bridge  
United Methodist Women-Springfield  
United Methodist Women-Terrace Lake  
United Methodist Women Christ UMC  
United Methodist Women of Blue Springs  
United Methodist Women of First United  
United Methodist Women of Harrisonville  
United Methodist Women of Nevada, MO  
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United Methodist Youth Fellowship - Warsaw  
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## GENEROUS DONORS AND PARTNERS SUPPORT RESTART

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Waverly Christian Church  
Women of Second Presbyterian Church  
Women's Service Group-FCC

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Van Dyke, Thomas  
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Watson, Susan  
Wehry, Nicole  
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Welch, Julie  
Wendel, Matthew

### **RESTART IS GRATEFUL!!**

**Please be assured that whatever your gift, in-kind or cash, and no matter the size, reStart is ALWAYS grateful to you and appreciates your support of our mission! Due to space limitations, we regret that we are unable to include the name of every donor to reStart.**

**If we have misspelled your name, please accept our apologies! Please contact us at 816-472-5664 or email [jcurzon@restartinc.org](mailto:jcurzon@restartinc.org) to provide us with the correct spelling.**

Wheatley, Colleen  
Witte, Donald  
White, Kim  
Whitley, Penelope  
Wilson, Linda  
Yount, Elizabeth  
Zobrist, Karl

# Community Partners

reStart was happy to celebrate the opening of partner Episcopal Community Services' Community Kitchen in September, 2010. The relocation of the Kitchen to the lower level below reStart's Homeless Services Center at 1444 E. 8th Street allowed new homeless clients to access services for job placement, housing assistance, and more at the HSC. We are lucky to partner with other community agencies to better serve our vulnerable clients' vast needs.



Evie Craig, reStart's Executive Director, with Designer Jennifer Bertrand and her son, Winston.



Guests line up to dine on the delicious food prepared by the ECS Community Kitchen chefs.



Left: Sean O'Byrne of the Downtown Council speaks at the Grand Opening.

## Arts at reStart

Missouri Arts Council  
The State of the Arts

NATIONAL ENDOWMENT FOR THE ARTS

arts KC

A great nation deserves great art. The ArtsKC Fund

Homeless adults attend a photography exhibit.



reStart children participate in a class led by KC Friends of Alvin Ailey instructor, Tyrone Aiken.



reStart youth participate in a painting workshop with a local artist



# Volunteering and “Fun” Raising

Priority Needs	
Soap	Tooth Brushes
Shampoo	Tampons
Detergent	Diapers
Trash Bags	Wipes
Toilet Paper	Lotion
Tooth Paste	Sheets/Towels

Volunteer Opportunities
<p><b>There are many ways in which you can help reStart.</b></p> <ul style="list-style-type: none"> <li>• Special Offerings at your place of worship</li> <li>• Hygiene products drive (full size and travel size)</li> <li>• Homework Help tutors</li> <li>• Chili Cook-Off, Spaghetti Dinners, or Pancake breakfasts</li> <li>• Stuff back packs for Back to School or donate school supplies</li> <li>• Adopt -a-Resident for the Holidays</li> <li>• Donate auction items to revUp for events</li> <li>• Story Time or Game Time with the children or youth</li> <li>• Host a holiday (Labor Day, MLK Day, Valentine’s Day, etc.)</li> </ul> <p>We graciously welcome your ideas that match your gifts and talents in service of reStart’s mission. Please contact William Bates at 816-472-5664 x 244 or wbates@restartinc.org</p>

One of the **Best Choices** you can make to support reStart —



reStart receives \$30 for every thousand **Best Choice** labels we turn in. Peel off those labels and send them to:  
**reStart, Inc.**  
**918 E. 9th Street**  
**Kansas City, MO 64106**

**Three easy steps to making an online donation to reStart ...**





1. Go to: [www.restartinc.org](http://www.restartinc.org)
2. Click the “**Donate Now**” icon on the reStart donor edge page
3. Make a **safe and secure** donation transaction to reStart!

**PLEASE REMEMBER RESTART IN YOUR WILL OR ESTATE PLAN.**



2010 Warmth from the Heart Legislative Reception was held at reStart’s main facility — local city, state and county legislators and representatives volunteered to serve a chili lunch to our homeless guests.

## OUR INTERFAITH PARTNERS

 <b>Episcopal Church</b>	 <b>Roman Catholic Church</b>
 <b>Jewish Congregations</b>	 <b>United Methodist Church</b>
 <b>Presbyterian Church (USA)</b>	 <b>American Baptist Churches</b>
 <b>United Church of Christ</b>	 <b>Christian Church (Disciples of Christ)</b>



reStart is deeply grateful for the support of our ecumenical partners!

# Commitment to Healthy Futures

Thanks to funding from three grants provided by **The Health Care Foundation of Greater Kansas City** reStart clients benefit from **Mental Health Services** and our **Healthy Starts** and **Healthy Choices** programs. These programs are designed to teach our clients and their families how to have longer, healthier, and more fulfilling lives.

- Our three full-time therapists provide on-site **Mental Health** assessments and counseling.
- The **American Lung Association** provides smoking cessation workshops for adults and taught youth the dangers of smoking.
- **Research Medical Center** provides clients with cancer screenings.
- **UMKC Dental School** offers on site dental screenings to adults and children at reStart.
- **Samuel U Rodgers Health Center** offers health workshops to reStart clients.
- **Gregg Klice Community Center** provides fitness access and instruction to children and youth.
- **Legal Aid of Western Missouri** provides assistance with our clients applications and appeals for SSI and SSDI benefits.
- **Dr. Yoder and the OneSight Foundation** provides eye exams and eye glasses to our clients for free.



Volunteers from **UMKC Dental School** give reStart clients dental screenings



Clients take part in a **Healthy Choices** workshop.



reStart youth learn water safety, have fun and stay fit in the pool at the **Gregg Klice Community Center**

## reStart Mission and Values

### Mission

reStart Inc. is an interfaith ministry with homeless persons committed to providing shelter and supportive services to homeless men, women, youth and families with the goal of helping them move toward independence and self-sufficiency and ending homelessness in our community.

### Values

- We selflessly serve those who come to us insecure and worried about their daily survival.
- We show no disparity in acceptance among all who seek our help, dispelling fear and creating trust.
- We revere our ecumenical foundation that secured this shelter of hope for the homeless.
- We focus on those who are served not those who are serving that they may feel valued and accepted while they are with us.
- We believe in justice and maintain our guests' dignity with confidence and respect.
- We gain satisfaction in seeing our guests' self-determination and hope leading to independence.
- We work where the need is greatest—in the urban core of our city.
- We invest in a better future by making deposits in human capital today.



**918 E. 9th Street  
Kansas City, MO 64106**

**Phone: 816.472.5664  
Fax: 816.472.6127**

**Return Service Requested**

**Visit us on the web at  
[www.reStartinc.org](http://www.reStartinc.org)**

**Are Our Records Up-to-Date?**

Please take a moment to look at the label on this newsletter and let us know of any changes or corrections we need to make.

**Thank You Very Much!**

**Please send your email address to [jpratt@restartinc.org](mailto:jpratt@restartinc.org) in order to receive our newsletters and updates via email.**

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## reStart is Going Green!

We hope you understand our desire to reduce wasteful printed materials for the sake of our environment. For future communications, please indicate how you wish to receive newsletters via email or print copy to your home or business.

An envelope is enclosed to return the form below indicating your preference, or you can email [jcurzon@restartinc.org](mailto:jcurzon@restartinc.org).

Please send me correspondence electronically—my email address is:

Please send correspondence in print format to my address below:

