



Thank you for your interest in providing sack lunches to reStart Inc. We are SO appreciative!

Sack Lunch Suggestions:

- **A hearty sandwich: meat & cheese on bread without condiments (no PB&J please)**
- **2 snacks: a salty snack and a sweet snack**
- **Condiments (mayo, mustard, etc.)**
 - **Fruit (no bananas)**
 - **Mint**
- **A drink: small, bottled water or juice box**

Please Remember: This could be someone's main meal of the day, so think about putting together a meal that you would like to eat.

**For additional questions and/or to coordinate times please contact our Chef Steve Davis
sdavis@restartinc.org**

